



God designed you to be able to heal yourself.

You have a colorful bubble around you which is your energy field. When your bubble becomes full of excess energy from everyday life it can slow you down mentally, emotionally, spiritually and energetically. This slowdown of energy affects the harmony in your body and leaves you vulnerable to illness as well as causes extra stress on your body.

You can learn to bring your vibrational balance of love and light to your body, mind and spirit. As you clear away excess and unwanted energies from your body and your bubble you will be raising the frequencies and aligning your inner body. You will be restoring the balance, releasing mental and emotional blocks to provide a deep sense of peace for your inner-being. This practice is a Christian based energy practice and we acknowledge that God has all the power to heal. We believe that when we cleanse our bodies of unpure energy we bring ourselves into alignment for the best opportunity for full healing.

~ Christina Sessums, MSW, CHNP, CAHP